

Our Values

1 Believing in hope & courage

Recovery becomes a reality when we are confident, courageous and inspire hope in one another. Change happens and we can achieve great things.

We're at our best when we work together – staff, service users, carers and partners – making the most of each other's talents and strengths.

2 Succeeding together

3 Building trust

When we act with integrity, when we strive to be honest with ourselves and those around us, we can build strong bonds of trust.

4 Celebrating diversity

We value our differences, understanding that being kind and respectful to each other makes us strong.

5 Learning & growing

By listening and thinking about how we can learn from our actions, we can help create real change for ourselves and inspire those around us.

**SECOND
STEP**

PUTTING MENTAL HEALTH FIRST