## BLAKE AMATEUR BOXING

<https://www.facebook.com/102936678265236/posts/bridgwater-and-somerset-boxing-and-fitnessseniors-aged-15-30-and-juniors-aged-10/109743020917935/>

Bridgwater and Somerset boxing and fitness.
Seniors aged 15 - 30 and juniors aged 10 -14.
Limited spaces available in our young ambitious club. Learn to box for competition, fun and for fitness!
Message to get involved, come and see what we are about. All welcome.

Unit b4, Bath Road business park
Bath Road, Bridgwater
TA6 4SZ

Tel: 07496088929

## Hard Knox Boxing Gym

Male & Female

Unit 15, Oaktree Arena, Bristol Rd, Edithmead, Highbridge TA9 4HA

<https://hardknoxboxing.co.uk/>

BOBBY@THESCHOOLPFHARDKNOX.CO.UK

£5 per session or monthly memberships

Book online: <https://hardknoxboxing.co.uk/boxing-2/>

## King Alfreds Boxing Gym

Unit 8, Premier Business Park Huntspill Rd, Huntspill Rd, Highbridge TA9 3DE

<https://www.facebook.com/kingalfsboxing/>

## Somerset Freestyle Kickboxing

Cliff St, Cheddar BS27 3PN

Tel: [07767 804043](https://www.google.com/search?q=boxing%20clubs%20in%20sedgemoor&rlz=1C1GCEA_enGB908GB908&oq=boxing+clubs+in+sedgemoor&aqs=chrome..69i57j33i160l2.12741j0j15&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&rflfq=1&num=10&rldimm=10756905897955615002&lqi=Chlib3hpbmcgY2x1YnMgaW4gc2VkZ2Vtb29ySLXlreuysICACForEAAQARgAGAEiGWJveGluZyBjbHVicyBpbiBzZWRnZW1vb3IqBggDEAAQAZIBCmJveGluZ19neW2qARQQASoQIgxib3hpbmcgY2x1YnMoAA&ved=2ahUKEwiJu6TF3Pz2AhUNO8AKHWTqCxQQvS56BAgDEFw&rlst=f)

<https://m.facebook.com/pages/category/Martial-Arts-School/Somerset-Freestyle-Kickboxing-2029232503968045/?locale2=en_GB>

Adults & Children

## BLAZE Martial Arts & Personal Safety - Kick-Boxing School

https://blazemaps.co.uk/

College Academy, Parkway, Bridgwater TA6 4QF

[07769 803357](https://www.google.com/search?q=boxing%20clubs%20in%20sedgemoor&rlz=1C1GCEA_enGB908GB908&oq=boxing+clubs+in+sedgemoor&aqs=chrome..69i57j33i160l2.12741j0j15&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&rflfq=1&num=10&rldimm=10756905897955615002&lqi=Chlib3hpbmcgY2x1YnMgaW4gc2VkZ2Vtb29ySLXlreuysICACForEAAQARgAGAEiGWJveGluZyBjbHVicyBpbiBzZWRnZW1vb3IqBggDEAAQAZIBCmJveGluZ19neW2qARQQASoQIgxib3hpbmcgY2x1YnMoAA&ved=2ahUKEwiJu6TF3Pz2AhUNO8AKHWTqCxQQvS56BAgDEFw&rlst=f) and [blazemaps.co.uk](https://blazemaps.co.uk/free-trial)

"FREE 14 DAY TRIAL!! High energy martial arts training for juniors, families and adults. Beginners and advanced students welcome. Friendly and welcoming family-run business since 2002. Offering kick-boxing, women's self-defence, anti-bullying, conflict management and martial arts & sparring seminars from an Instructor with over 25 years experience in the arts. Great fun, great motivation and great training incentives. HIIT circuits, strength training, CV workouts and pad work. We will keep you training hard whilst building strength and confidence. Benefits: Confidence Anti-bullying skills Self-defence Improved strength & fitness Improved flexibility Heightened motor skills Excellent mental health! Book your FREE 14 DAY TRIAL TODAY!"

## B-ELITE MMA & FITNESS

21 Broadway, Chilton Polden, Bridgwater TA7 9DR

Tel: 07496 569122 and email: mrb@b-elite.co.uk

<https://www.facebook.com/BElite2016/>

B-ELITE PROVIDES

FAMILY MARTIAL ARTS

SELF DEFENCE

BOXING

FITNESS

PERSONAL TRAINING (One2One)

WORK WITH SCHOOLS

MENTAL HEALTH SUPPORT

## **Trident Bridgwater Gym**

Unit G1, beech business park, Bridgwater TA6 4FF

Tel: [01278 426222](https://www.google.com/search?q=boxing%20clubs%20in%20sedgemoor&rlz=1C1GCEA_enGB908GB908&oq=boxing+clubs+in+sedgemoor&aqs=chrome..69i57j33i160l2.12741j0j15&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&rflfq=1&num=10&rldimm=10756905897955615002&lqi=Chlib3hpbmcgY2x1YnMgaW4gc2VkZ2Vtb29ySLXlreuysICACForEAAQARgAGAEiGWJveGluZyBjbHVicyBpbiBzZWRnZW1vb3IqBggDEAAQAZIBCmJveGluZ19neW2qARQQASoQIgxib3hpbmcgY2x1YnMoAA&ved=2ahUKEwiJu6TF3Pz2AhUNO8AKHWTqCxQQvS56BAgDEFw&rlst=f)

https://www.tridentgym.co.uk/

From Trident Bridgwater Gym

"We offer a vast array of flexible gym contract memberships at a low cost in Bridgwater. We have high quality equipment and functional gym equipment, followed with different strength areas depending on what you feel like training. Alongside our indoor gym, we also have a huge outdoor gym facility where we have lots of Strongman equipment and various strength equipment. At Trident, our Bridgwater Gym, we have car parking available for up to 20 internal bays followed with a further 30 communal parking bays which are free to use for all Trident Fitness Gym members."

## **Taunton Boxing Gym**

Unit 14, Cornishway W, Taunton TA1 5NA

[**Phone**](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&q=taunton+boxing+gym+phone&ludocid=1350801612626127173&sa=X&ved=2ahUKEwi2yZGpnJH3AhVGKewKHc07DlgQ6BN6BAgNEAI)**:**[07468 602778](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&tbs=lf:1,lf_ui:2&tbm=lcl&q=boxing+clubs+in+somerset&rflfq=1&num=10&sa=X&ved=2ahUKEwih24ulnJH3AhXxolwKHTR4Av8QjGp6BAgOEAE&biw=1536&bih=754&dpr=1.25)

<https://m.facebook.com/Taunton-Boxing-Gym-262125727693600/?ref=page_internal&mt_nav=0>

Taunton Boxing gym. Mon- Saturday 1-1 Training Fitness sessions Amateur boxing.

## **Tavern Amateur Boxing Club - Tavern ABC**

7 Swain St, Watchet TA23 0AB

**Phone:**07796 191317

Founded in 2012, Tavern ABC aims to give young men and women the fundamentals in life to succeed. Training to be a boxer teaches you desire, discipline, respect, work ethic and determination.

## **Fightworx Academy Taunton**

<https://fightworxtaunton.co.uk/>

Fightworx Academy Taunton, Unit 12a, 12 County Walk, Taunton TA1 3TZ

[**Phone**](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&q=fightworx+academy+taunton+phone&ludocid=4283575683181272731&sa=X&ved=2ahUKEwiZ2oHMnZH3AhVLZcAKHQZLDJsQ6BN6BAgQEAI)**:**[07980 796677](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&tbs=lf:1,lf_ui:2&tbm=lcl&q=boxing+clubs+in+somerset&rflfq=1&num=10&sa=X&ved=2ahUKEwih24ulnJH3AhXxolwKHTR4Av8QjGp6BAgOEAE&biw=1536&bih=754&dpr=1.25)

Fightworx Academy is more than just a gym. It is a team, a family, a way of life. It doesn’t matter whether you are a complete beginner or a seasoned professional, everyone is welcome at Fightworx.

Dedicated, champion instructors in each individual discipline ensures that you are getting the best possible instruction at all times.

### All About Us

Fightworx Academy Taunton opened in 2015. Our intention was to provide a friendly, family oriented, clean, welcoming gym, where no one is made to feel out of place or intimidated. A gym where you can train in Combat Sports but that is not just for fighters. A gym that is also for the hobbyists, the people that want to try something new, or to get fit & build their confidence, for children, for females. It’s for anyone and everyone.

### What we teach

* Brazilian Jiu Jitsu (BJJ)
* Muay Thai
* Mixed Martial Arts (MMA)

We also provide fitness training, strength and conditioning and Sports Massage.

## **STT SPARTAN TEAM TAUNTON**

https://stt-spartan-team-taunton.ueniweb.com/

[87 TRINITY ROAD, TAUNTON, England, TA1 3JJ](https://maps.google.com/?q=87%20TRINITY%20ROAD%2C%20%0ATAUNTON%2C%20%0AEngland%2C%20%0ATA1%203JJ)

Email: krystian21121983@gmail.com

tel:+44 7894 348827

<https://www.facebook.com/STT-PT-KrystianNadol-100518668236116/>

"Whether you're embarking on a brand new exercise regime or just want to switch up your current habits, you’ll need a personal trainer that is highly qualified with a friendly, yet motivational attitude. Look no further than STT Spartan Team Taunton – you’ve found one. I am an expert in helping my clients achieve their goals, and can design an exercise and nutrition plan to ensure that you get the body that you’ve always wanted. I operate across the entire Taunton area – give me a call to get that first session booked in!"

## **Somerset Freestyle Kickboxing**

Cheddar Football Club, Cliff St, Cheddar BS27 3PN

<https://m.facebook.com/pages/category/Martial-Arts-School/Somerset-Freestyle-Kickboxing-2029232503968045/?locale2=en_GB>

somersetfreestylekickboxing@gmail.com

Phone: 07767 804043

Steve Selway has over 25 years of experience, He is a very dedicated and committed instructor. He has a vast following and loves what he does.

"Welcome to Somerset freestyle kickboxing! \*\*Useful information\*\* Cheddar football club Monday Juniors 6-7pm 4-11yrs Adults 7 to 8pm 12yrs + Wells conect centre Tuesdays Mixed training 6 to 7pm Cheddar football club Friday Mixed training 6 to 7pm Kids £8 per session Adults £10 per session. We hope this helps!"

## **Max Cranage Pro Boxing & Conditioning**

Unit 12, Millfield Industrial Estate, Bartlett Park, Chard TA20 2BB

**http://www.maxcranagept.com**

[**Phone**](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&q=max+cranage+pro+boxing+%26+conditioning+phone&ludocid=15041169155712137474&sa=X&ved=2ahUKEwi8wPGSpJH3AhXGa8AKHbJoBy8Q6BN6BAgQEAI)**:**[07817 960103](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&tbs=lf:1,lf_ui:2&tbm=lcl&q=boxing+clubs+in+somerset&rflfq=1&num=10&sa=X&ved=2ahUKEwih24ulnJH3AhXxolwKHTR4Av8QjGp6BAgOEAE&biw=1536&bih=754&dpr=1.25)

https://uk.linkedin.com/in/max-cranage-5a8540180

"We are a professional and private training facility based in Chard, South West Somerset. Services on offer include Personal Training, Professional Boxing Coaching, Sports Massage, Fitness Classes and Exercise Retreats overseas. The gym is run by Professional boxing coach Max Cranage, alongside him is Personal Trainer MTSMPT who is available to for 1-1 and small group training sessions. Our training sessions are designed for the individual to ensure the pre determined goals are achieved and sustained. Please get in touch to discuss any queries you may have."

## **Street martial arts club**

Unit 1, The Tanyard, Leigh Rd, Street BA16 0HD

[**Phone**](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&q=street+martial+arts+club+phone&ludocid=537547861362740504&sa=X&ved=2ahUKEwiZk9PZpJH3AhWCoFwKHWmnDtsQ6BN6BAgUEAI)**:**[07432 520074](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&tbs=lf:1,lf_ui:2&tbm=lcl&q=boxing+clubs+in+somerset&rflfq=1&num=10&sa=X&ved=2ahUKEwih24ulnJH3AhXxolwKHTR4Av8QjGp6BAgOEAE&biw=1536&bih=754&dpr=1.25)

<https://streetmartialartsclub.co.uk/>

<https://www.instagram.com/street_martial_arts_club/>

Mixed Martial Arts, MMA, Boxing, Brazilian jiu jitsu BJJ, Muay Thia Kickboxing. K1 Kickboxing Judo, Wrestling, Nogi grappling

**[www.streetmartialartsclub.co.uk](https://l.instagram.com/?u=http%3A%2F%2Fwww.streetmartialartsclub.co.uk%2F&e=ATOdHD3rWn4O5P9An4R8a5BjhltGX_3DDR72_shmHCP9BQbsx-xopr-RlHTiTZfg3D3D6kw9F0V415De&s=1" \t "_blank)**

## **Panthers Martial Arts Academy**

<https://www.panthersmaa.com/>

At Panthers we offer our students a wide variety of Martial Arts and Fitness Classes, designed to get you progress quickly in self defence and self confidence, self discipline as well as help you loss /gain weight, body toning, core and joints strengthening, improve flexibility, discipline, stress relieve and louts more.... Our expert instructors have been sourced from around the globe to give you the best possible learning experience. We have a dedicated Martial Arts Centre in Yeovil that offers much more than can be found at many "pop-up" Dojos, which our competitors set up in schools and sports halls.

### **Contact Info**

* + **Panthers Martial Arts Academy** 2 Oxford Road, Pen Mill Trading Estate Yeovil BA21 5HR
	+ 01935 426 753 (evenings)
	+ 07811 283 482 (anytime)
	+ hello@panthersmaa.com

## **Evolution Martial Arts Wellington**

https://evoma.co.uk/

Princess Royal Sports Complex, Wellington School, South Street, Wellington TA21 8NT

[**Phone**](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&q=evolution+martial+arts+wellington+phone&ludocid=4595829806320151347&sa=X&ved=2ahUKEwjmv7nJ76T3AhWMEMAKHQgYDiwQ6BN6BAgOEAI)**:**[07888 732312](https://www.google.com/search?rlz=1C1GCEA_enGB908GB908&tbs=lf:1,lf_ui:2&tbm=lcl&q=boxing+clubs+in+sedgemoor&rflfq=1&num=10&sa=X&ved=2ahUKEwiKnNOP76T3AhXElFwKHY7bDTIQjGp6BAgQEAE&biw=1536&bih=754&dpr=1.25)

Tel: 01823 431434
Email: info@evoma.co.uk

Evolution is a successful local martial arts organisation based in Taunton, Somerset. The reasons why you decide to take up martial arts will be as individual as you.

At Evolution we run a range of styles to suit your needs. Whether you start training to learn self-defence, get in great shape, lose weight or to earn a black belt – Evolution Martial Arts can help you achieve your goals with the guidance of our professional experienced Instructors.

Over the years, Evolution has had competition success with many students gaining local, national and international titles in different aspects of training.