



COVID-19 Classroom (in Person) Attendance Guidelines

Please do not attend if:

- You have tested positive for COVID-19 in the last 10 days
- You are awaiting a COVID-19 test or test results
- You have been in contact with anyone diagnosed with COVID-19 in the last 10 days or anyone who is waiting for test results.
- You have recently returned from a country that requires you to isolate.

Symptoms – please do not attend if you have:

- A new, continuous cough
- A fever or high temperature (above 38°C)
- A loss or change in sense of smell or taste

Classroom Safety

- Please ensure you arrive at the venue 10 minutes before the session is due to begin.
- Mask wearing is now a personal choice, however, in order to protect you and others, we politely request you please wear a mask when you are moving around the venue. Once you are seated in the classroom, you may remove your mask if you wish.
- We can supply you with a Type IIR face mask or you may wear your own.
- Please respect that for medical or other reasons, some people may not wear masks.
- You will be seated approximately 2M apart from other learners. If you are accompanied by someone in your household, you may sit together. Please maintain 2M distance from others at all times.
- Sanitiser will be available at the entrance to the room. Please use it each time you enter.
- Please wash your hands thoroughly when you use the bathroom.
- Please bring your own pen or pencil. We will supply other materials you will need or advise you before the session if you need to bring anything else.
- Because we will have doors and windows open for ventilation, you may wish to bring extra clothing.

After booking, if there are any changes in your health that might mean you have COVID-19, please do not attend.

For further guidance, see the [NHS website](#).

If you have any questions, please email us at bristol.wellbeing.college@second-step.co.uk or phone 0117 914 5498.

Thank you for helping us all keep safe