# **Support in Bristol**

### **Bristol Mindline**

0808 0808 330

Open Wednesday to Sunday 8pm to midnight.

Closed Christmas Day, Boxing Day and New Years Day.

#### **MindLine TransLine+**

0300 330 5468

Monday 24 December: Closed

Normal service resumes on Friday 28 December (open Monday and Fridays, 8pm-midnight).

### **Bristol Sanctuary**

0117 9542952 / Text 07709295661

Open throughout Christmas period

6.30pm-12.30am Friday - Monday

Telephone line 5pm-130am Friday, Saturday, Sunday and Monday evenings.

### **Bristol Community Friendship Club, Christmas Meal**

North Common Village Hall

6 Millers Drive

Bristol BS30 8YH

4pm on Christmas Day, Wednesday 25<sup>th</sup> December.

Cost: £5.00 See poster here

#### **Men's Crisis House**

0117 934 9848.

Open 24/7 including Christmas period for men experiencing mental health problems where hospital admission might be the only other alternative available. Access is dependent on availability.

## **Caring at Christmas**

Day centre At the Trinity Centre in Old Market - 10am to 6pm everyday 5 days from 24-28 December

Night Shelter at the Julian Trust Night Shelter in St Pauls 10am to 6pm everyday 5 days from 24 December-1 January

Pop-up Cafe At the Avon Fire and Rescue Service station on Temple Street in the City Centre 12pm - 2pm 29 December

