

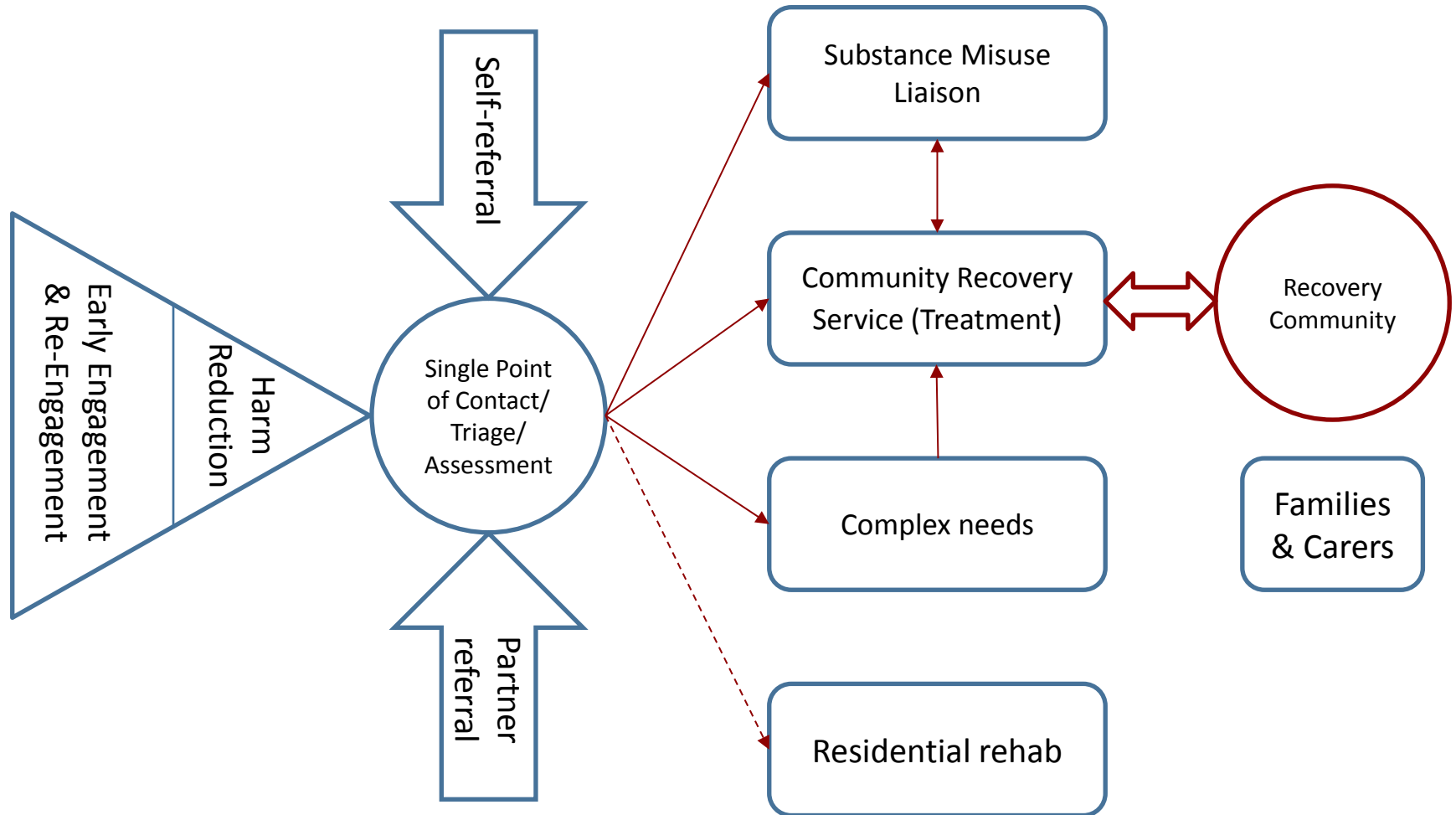


# Recommissioned Recovery Orientated Alcohol & Drugs Service

## 1<sup>st</sup> February 2018



# ROADS delivery model



# Getting people to the right service at the right time

## Ways to make referrals

- **Referral Form:** ROADS provider websites
- **GP Referral Form:** Remedy – Bristol CCG
- **Fax:** 0117 916 6593
- **Email:** roads@dhi-online.org.uk.cjism.net

## Ways to make enquiries

- **Telephone:** Mon – Fri: 9am – 8pm  
Sat: 9am – 1pm  
0117 440 0540

## Who can refer

- ROADS Partners
- GPs
- Probation & CRC
- Hospitals
- Social Services
- Early Help
- Self-Referrals

# Self-Referrals and Assessments

## Community Recovery Hubs

- **Central**  
E5, 16-18 King Square, BS2 8AZ
- **North**  
Greenrooms, Greenway Centre,  
Doncaster Rd, Southmead, BS10 5PY
- **South**  
@Symes Community Centre,  
Peterson Ave, Hartcliffe, BS13 0BE

- **Telephone:** Mon – Fri: 9am – 8pm

0117 440 0540

- **Email:** [roads@dhi-services.org.uk](mailto:roads@dhi-services.org.uk)

## Assessments

Mon – Fri: 9am – 5pm

- **Community Recovery Hubs**
- **GP Practices**
- **Other Venues in the Community**
- **Home Visits**

# Early Engagement & Intervention

## Health & Harm Reduction Centre

Mon – Fri: 9am – 8pm

Sat: 10am – 5pm

### ■ Drop-In:

#### ■ Central

11 Brunswick Square,  
BS2 8PE

#### ■ North & South

Mobile Harm Reduction Service  
(various times and locations)

■ Telephone: 0117 987 6000

## Harm Reduction, Pathways and Triage into Treatment

- Welcomes Self-Referrals
- Referrals into Treatment
- Needle Exchange
- Nursing, Healthcare and BBV
- Naloxone Training & Supply
- Harm Reduction Advice
- Safer Sex
- Safer Injecting
- Tobacco Cessation

# Early Engagement & Intervention

## Assertive Outreach

- Mobile Harm Reduction Service (North & South Bristol)
- Homeless Outreach – *with St Mungo's*
- Female Sex Worker Outreach – *with One25*
- Night Time Economy & Festivals

## Assertive Inreach

- Homelessness Prevention Accommodation Pathways
- Non-Commissioned Supported Housing
- Pharmacies – *27 across Bristol*
- Wet Clinics – *with BrisDoc*
- Universities
- Gyms

# Early Engagement & Intervention

## Targeted Access – Engaging people furthest from services

- Mental Health and Learning Disabilities
- Families – Think Families and Early Help
- Diverse Communities (LGBTQ+, BAME, and Faith Groups) – *with SARI*

## Open Access and Re-Engagement

- Women – *Women's Morning*
- Older People – *50+ Crowd*
- LGBTQ – *Prism*
- Dependant Drinkers – *Wet Clinics and the Blue Light Project*
- For All – *Choir & Drama Groups*
- OST Re-Engagement Pathway

# Community Recovery Service

## Service Users...

- Join the recovery programme at the appropriate stage
- Choose from a menu of group and 1-to-1 psychosocial interventions to suit their needs
- Are supplemented by a range of activities in the hubs or community (e.g. ETE, complementary therapies etc.) and mutual aid for on-going support

## 1. Engagement & Preparation

- Open Access Drop-In/Guided Help Yourself
- Welcome & Orientation
- Preparation for Change
- Preparation for Detox

## 2. Active Change

- Active Change Intake & Orientation
- Recovery Toolbox

## 3. Maintaining Change & Completion

- Open Access Drop-In/Guided Help Yourself
- Everyday Recovery (relapse prevention)
- Post Detox (relapse prevention)



# Substance Misuse Liaison

## Detoxes in GP Practices (with Shared Care workers) Links to CRS, Aftercare and Mutual Aid

### Alcohol Detox

- 4-6 Weeks

### Opioid Substitution Therapy

- Stabilisation
- Maintenance
- OST Detox (12 weeks)
- Rapid OST Detox
- Contingency Management – *Rewards for Recovery*

# Complex & Residential

## Complex

- In-Patient Detox - Acer
- Complex Prescribing including detoxification
- Rapid Prescribing – *with Criminal Justice System*
- Specialist Psychological Therapies
- Youth Transitions to Adult Services
- Specialist Maternity Services
- Expert advice/liaison for professionals
- Fast track through SPOC

## Residential

- Residential Rehabilitation
  - Through BCCs framework
  - Following Community Care Assessment
- Alternative inpatient detox options for those deemed to be of lower complexity  
E.g. Broadreach, Broadway Lodge.

# Peer Support

## Peers...

- Form a central and visible role in service delivery across ROADS
- Will be embedded in the service from start to finish and will be an integral component
- Will undergo accredited training at the Workforce Development & Training Hub in central Bristol

## Workforce Development & Training Hub

Mon – Fri: 9am – 5pm

Brunswick Court,  
Brunswick Square,  
BS2 8PE

- **Telephone:** 0117 916 6588

# Family & Carers

**Focus on self-help**

**Family Champion (i.e. peer) led support**

**1-to-1 sessions for those in most need**

## Available across Bristol

- **Central**  
E5, 16-18 King Square, BS2 8AZ
- **North**  
Greenrooms, Greenway Centre,  
Doncaster Rd, Southmead, BS10 5PY
- **South**  
@Symes Community Centre,  
Peterson Ave, Hartcliffe, BS13 0BE

## Referrals & Enquiries

- **Email:** [family@dhi-services.org.uk](mailto:family@dhi-services.org.uk)

# Housing Pathway

## Referrals via Housing Support Register.

## Housing for different stages of recovery. Tel: 0117 930 0282 (ARA)

- **Preparation Intake: 29 beds**
  - *ARA and The Bridge (Salvation Army)*
  - Highest support level
  - Prison releases / homeless / move on from hostels
  - Accepts alcohol dependency with detox plan
  - New female service
- **Preparation: 46 beds**
  - *ARA and The Junction*
  - Stable on script / non-problematic use of substances
- **Preparation Independence Development: 8 beds**
  - Move on accommodation for low level script / not wanting abstinence
  - Two-bed shared houses
- **In Treatment: 57 beds**
  - *ARA and The Junction*
  - Abstinent from script, alcohol and drugs
  - Accepts low level script with detox plan
  - Leaving prep / ending detox
  - Shared accommodation, some self-contained available



# Bristol ROADS

Recovery Orientated Alcohol & Drugs Service

