

# Sam's our first recruit. Come and join her.



**Bristol  
Mental  
Health**

**caring  
open  
hopeful**

We're looking for enthusiastic, experienced people to become the first ever recovery navigators in Bristol. We've already found Sam – she's our first recruit. But we want 100 new recruits.

Recovery navigators will forge a strong relationship with all their clients to coordinate and access the best possible support to help manage their mental health problems.

If you are innovative, responsive and have experience of mental health support work, this job could be for you. To join Sam and to find out more please go to [www.second-step.co.uk/jobs](http://www.second-step.co.uk/jobs)

**2econdStep**  
Working for recovery and wellbeing

Working together with Missing Link, Nilaari, Brunelcare and Off the Record.

# Recovery navigators are key

Bristol mental health services are changing and are now being provided by 18 organisations working together under the banner of Bristol Mental Health.

One very visible and tangible part of this change comes in the shape of a brand new support role called the Recovery Navigator. We are looking to recruit 100 recovery navigators, as well as other new posts.

They will be employed by five voluntary sector organisations:

**SecondStep**, the Bristol based mental health charity, **Missing Link**, the women's mental health organisation, **Nilaari**, supporting black, Asian and minority ethnic adults with complex needs, **Brunelcare**, working with older people and **Off the Record**, offering mental health advice to young people.

Are you interested in becoming a recovery navigator?

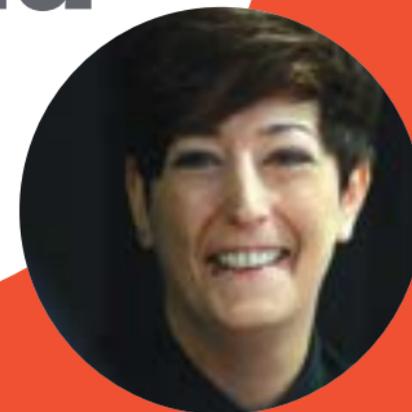
If you are innovative, responsive and have experience of mental health support work, this job could be for you.

To join Sam and become one of the first recovery navigators in Bristol, or to find out more please go to [www.second-step.co.uk/jobs](http://www.second-step.co.uk/jobs)

If you would like to have an informal discussion about the role, please contact Paul Conyers on 07850 002 665 or email [paul.conyers@second-step.co.uk](mailto:paul.conyers@second-step.co.uk) or Alice Ewart 07714 137 553 or email [alice.ewart@second-step.co.uk](mailto:alice.ewart@second-step.co.uk)



Sam's our first recruit. Come and join her.



NHS

**2econdStep**  
Working for recovery and wellbeing

# A first for Bristol

We're looking for enthusiastic, responsive people to become the first ever recovery navigators in Bristol.

Recovery navigators will forge a strong relationship with all their clients to coordinate and access the best possible support to help manage their mental health problems.

Their primary focus will be on making sure each person's recovery takes place at their pace and in the best way for them.

We believe – and the research has shown – that recovery navigators help promote people's independence, health and general recovery.\*

*\*London Health Programmes, August 2012*

## Sam – our first recovery navigator



**“It’s not just about understanding recovery – it’s about believing in it too.”**

Sam Kozak is one of our very first recovery navigators. With 10 years experience of working with vulnerable people, Sam brings with her a fresh and enthusiastic outlook. “I love the fact that the partnership

believes recovery is possible for everyone. And that it is not just about understanding recovery, it’s about believing in it too.”

“It is also refreshing to see that the change taking place in Bristol is so positive. Too often we hear about change involving cuts and fewer services.

“Here it is about people coming together to work in a better way to improve services. I am certainly excited about that.”

**If you would like to join Sam and become a recovery navigator, please get in touch with us today.**

